

Profit Potential		
Food Cost	Menu Price	Profit
\$2.27	\$5.99	\$3.72

Breakfast Wrap



Item Description	Amount	Cost
Farmland Foods Ham Slice	2 slices	\$0.78
Fresh or Frozen Spinach	1 oz	\$0.25
LW Gilroy Fire Roasted 3/8" Onion and Pepper Strips	1 oz	\$0.50
Primera Scrambled Egg Mix	4 oz	\$0.10
Lamb Weston Private Reserve Breakfast Cubes	4 oz	\$0.20
Mission Foods Wheat or Flour Tortilla	1 each	\$0.18
Roth Kase Shredded Mozzarella Cheese	3 oz	\$0.11
McCormick Roasted Garlic Oil	1/2 oz	\$0.15
Serve with O Organics Cranberry Juice Cocktail		

Warm frozen, fresh, or canned spinach and squeeze out excess water. Warm cooked beef, sausage or diced ham on griddle. Toss with "Phase", add chopped onions, bell peppers and spinach. Cook until onions begin to brown. Add eggs and scramble. Deep fry Lamb Weston Private Reserve Breakfast Cubes. On warmed Mission wheat or flour tortilla, spread cheese and top with egg mixture. Toss potato cubes lightly with McCormick Roasted Garlic oil and chopped cilantro or parsley. Sprinkle with fajita seasoning and add potatoes to center of wrap. Roll and cut on the diagonal.

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