

BAY BROKERAGE PRESENTS

Profit Potential		
Food Cost	Menu Price	Profit
\$0.35	\$4.99	\$4.64

Crunchy Walnut Salad



Item Description	Amount	Cost
Azar Walnut Halves & Pieces	1/2 cup	\$0.05
San Benito Petite Diced Tomatoes in Juice	1/4 cup	\$0.10
Leaf Lettuce	7 leaves	\$0.03
Romaine Lettuce	6 leaves	\$0.03
Boston Lettuce	7 leaves	\$0.03
Iceberg Lettuce	1/4 head	\$0.03
Shredded Red Cabbage	1/4 cup	\$0.03
Sliced Carrots	1/4 cup	\$0.05
Serve with Rips Cool Tropics Frozen Fruit Drinks		

Rinse and dry lettuce. Tear leaf, Boston and Romaine lettuces into bite-size pieces and place in large bowl. Cut Iceberg wedge into small cubes and add to bowl. Add carrots, red cabbage, tomatoes and sliced mushrooms and toss. Sprinkle walnuts on salad. Serve with Rod's Italian Dressing. Serves 4.

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