

BAY BROKERAGE PRESENTS

Profit Potential		
Food Cost	Menu Price	Profit
\$2.25	\$4.99	\$2.74

Rockin' Rolled Seafood Spirals



Item Description	Amount	Cost
Trident Seafoods Enterprise Flakes	6 oz	\$0.72
Lemon Juice	1 tbsp	\$0.03
Bay Valley Foods Jalapeno Peppers	1 oz	\$0.04
Mission 8" Flour Tortillas	6	\$1.08
Shredded Lettuce	12 tbsp	\$0.07
Fresherized Roasted Salsa	12 tbsp	\$0.20
Roth Kase Shredded Cheddar Cheese	12 tbsp	\$0.11

Thaw and break apart seafood. Sprinkle with lemon juice, toss gently. Carefully mince jalapeno pepper, is using; stir into seafood. Lay tortillas flat on a clean surface. Arrange 2 tablespoons lettuce down the center of each tortilla. Sprinkle lettuce with 1/6 of seafood mixture, 2 tablespoons salsa and 2 tablespoons shredded cheddar. Roll up tortillas and wrap with foil and chill for one hour before serving.

Find us on the web at
www.baybrokerage.com
 or visit our blog at
<http://culinaryspace.blogspot.com/>

