

Profit Potential		
Food Cost	Menu Price	Profit
\$10.02	\$14.99	\$4.97

Stuffed Artichoke Hearts



Item Description	Amount	Cost
Sevillo Char Grilled Artichoke Hearts	12-14	\$6.00
Sugar Foods Seasoned Bread Crumbs	2 cups	\$1.75
Roth Käse Shredded Parmesan Cheese	1/2 cup	\$1.20
Finely Chopped Onion	1/2 cup	\$0.75
Sovena Olive Oil	3 tbsp	\$0.20
Chopped Garlic	1/4 tsp	\$0.10
McCormick Salt	To taste	\$0.01
McCormick Pepper	To taste	\$0.01

Saute onions, garlic, salt and pepper in olive oil until tender. Prepare artichokes as directed. Pour onions and garlic into a bowl, add bread crumbs and cheese, and mix well. Spoon mixture into warm artichoke hearts. Top with sprinkling of parmesan cheese.

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